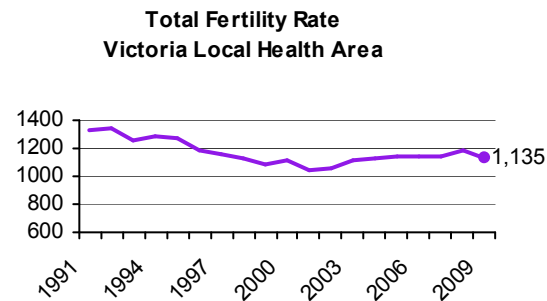
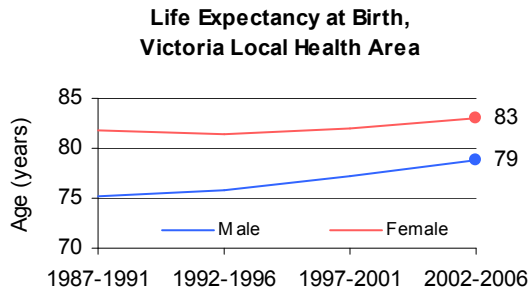


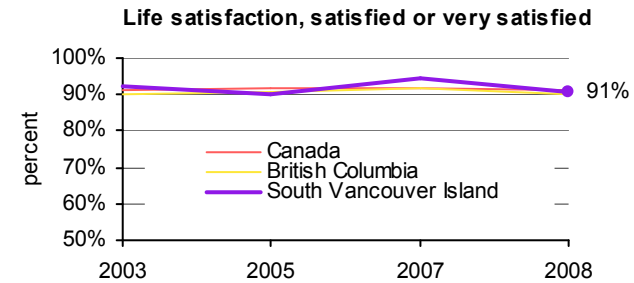
# 4.2 Health

## Life Expectancy and Fertility, Victoria Local Health Area

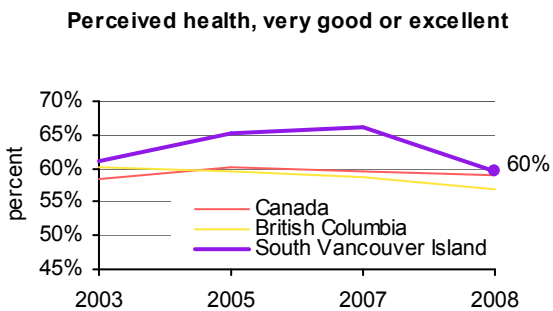
Life expectancy is a standard internationally applied measure of health. At a global scale, British Columbia has one of the highest life expectancies in the world, and also ranks highest within Canada for both males and females. Life expectancy in the Greater Victoria Local Health area in 2001-2005 averaged 80.6 years, compared to 80.8 for the province and .



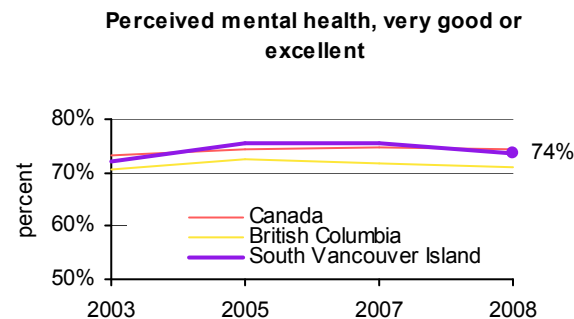
## Life Satisfaction



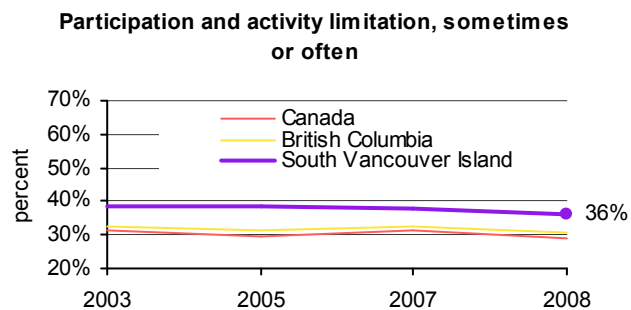
## Physical Health



## Mental Health



## Activity Limitation



The Participation and Activity Limitation Survey (PALS) is a post-censal survey that collects information about persons with disabilities whose everyday activities are limited because of a health-related condition or problem. PALS is funded by Human Resources and Social Development Canada (HRSDC).

## Health Services



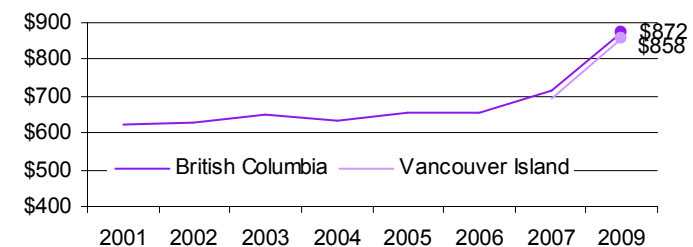
The Victoria has numerous Health resources, the 2008 Community Resources inventory (Sustainability Department), identifies 58 facilities offering health-related services.

Facilities include

- Medical Treatment Centres
- Complex Care Facilities
- Residential Care Facilities
- Medical Support Centres for specific Medical Conditions.

Many of the Health service providers located within Victoria serve also play a regional role.

## Healthy Eating—Cost of a Nutritious Food Basket



RELATED SHEETS:  
1.1 POPULATION GROWTH  
1.2 AGE OF POPULATION

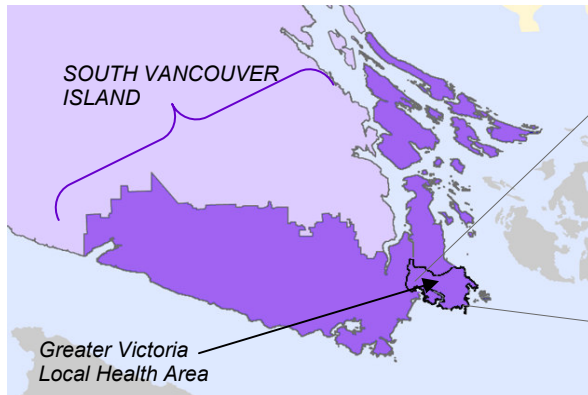
3.4 SUSTAINABLE TRANSPORTATION  
4.5 COMMUNITY CONNECTIONS  
4.7 PERSONAL DEVELOPMENT

# 4.2 Health

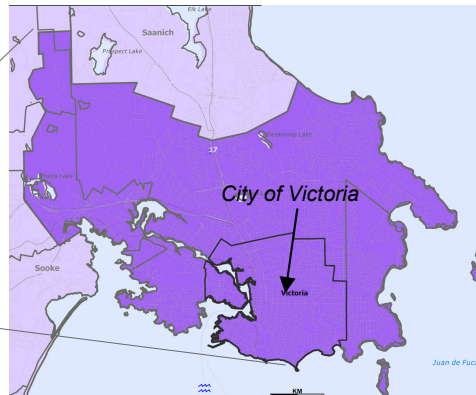
## Health Authority Divisions

Health Authority Areas in British Columbia are split into Service Delivery Areas, which contain Local Health Areas. All of Vancouver Island falls under the jurisdiction of the Vancouver Island Health Authority (VIHA).

South Vancouver Island Service Delivery Area



Greater Victoria Local Health Area (61)



## Life Expectancy Greater Victoria Local Health Area

	1987-1991	1992-1996	1997-2001	2002-2006
Male	75.3	75.7	77.2	78.7
Female	81.7	81.5	82.0	83.0

Source: Demographic Analysis Section, BC STATS

## Total Fertility Rate Victoria Local Health Area

year	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000
	1328	1346	1262	1279	1275	1192	1157	1134	1084	1114
year	2001	2002	2003	2004	2005	2006	2007	2008	2009	
	1047	1058	1118	1135	1145	1145	1149	1190	1135	

Source: Fertility Rates and Population, BC STATS

Note: ASFRs represent the average number of births to 1,000 women of the specific age group, while TFRs represent the average number of births 1,000 women could have if their lifetime fertility was the same as the ASFRs. All figures are calculated using the average of two consecutive July 1st populations and Census Year (July 1 to June 30) period live births of the year stated.

## Physical Health,

Perceived health, very good or excellent, age 12 years +

	2003	2005	2007	2008
Canada	58.4%	60.1%	59.6%	58.9%
British Columbia	60.1%	59.5%	58.7%	56.9%
South Vancouver Island	61.0%	65.1%	66.0%	59.7%

Population aged 12 years and over for data from the Canadian Community Health Survey and National Population Health Survey, North component) who rate their own health status as being either excellent, very good, good, fair or poor.

## Mental Health

Perceived mental health, fair or poor, age 12 years +

	2003	2005	2007	2008
Canada	4.7%	4.9%	4.7%	5.1%
British Columbia	6.1%	5.9%	5.7%	6.5%
South Vancouver Island	6.2%	6.3%	5.7%	6.8%

Population aged 12 and over who reported perceiving their own mental health status as being excellent or very good or fair or poor, depending on the indicator. Perceived mental health refers to the perception of a person's mental health in general. Perceived mental health provides a general indication of the population suffering from some form of mental disorder, mental or emotional problems, or distress, not necessarily reflected in perceived health

Source: Statistics Canada. Table 105-0501 - Health indicator profile, annual estimates, by age group and sex, Canada, provinces, territories, health regions (2007 boundaries) and peer groups, occasional, CANSIM (database).

## Activity Limitation

Participation and activity limitation, sometimes or often

	2003	2005	2007	2008
Canada	31.3%	29.7%	31.3%	29.0%
British Columbia	32.4%	31.3%	32.6%	31.0%
South Vancouver Island	38.7%	38.5%	38.0%	36.3%

Population aged 12 and over who reported being limited in selected activities (home, school, work and other activities) because of a physical condition, mental condition or health problem which has lasted or is expected to last 6 months or longer.

Source: Statistics Canada. Table 105-0501 - Health indicator profile, annual estimates, by age group and sex, Canada, provinces, territories, health regions (2007 boundaries) and peer groups, occasional, CANSIM (database).

## Life Satisfaction

Life satisfaction, satisfied or very satisfied

	2003	2005	2007	2008
Canada	91.3%	91.8%	91.9%	91.4%
British Columbia	90.3%	90.7%	91.9%	90.3%
South Vancouver Island	92.3%	90.1%	94.6%	90.5%

Population aged 12 and over who reported being satisfied or very satisfied with their life in general.

## Healthy Eating—Cost of a Nutritious Food Basket

Year	2001	2002	2003	2004	2005	2006	2007	2009
British Columbia	\$625	\$629	\$648	\$631	\$654	\$653	\$715	\$872
Vancouver Island							\$695	\$858

Reference Family of 4—Mother and Father, ages 25–49 years; two children—boy (age 13), girl (age 7). Source: Cost of Eating in BC Reports, 2001-2009, Dieticians of British Columbia

## Health Services

Source: Community Resources Inventory, Sustainability Department, City of Victoria